

001 The doubt by Bernard de Montreal

It's not easy, but it's normal, it's not easy to live with. Doubt is the conflict in you, it is the separation between your mind and the universal mind. It is the polarity in your mind created by your emotions and personal thoughts. As long as you are not involved in the development of your being, in the perfection of your bodies, that you make your little lives, that everything is fine, that you are not spurred on by forces that penetrate you, you will not live in doubt, you do not even know what it is.

But when these forces begin to penetrate, when your higher mind begins to open, then you begin to live your positive thoughts, your negative thoughts, your spiritual thoughts, then your non-spiritual thoughts, that's when you begin to doubt, then you haven't finished, you begin. When you no longer doubt, you will be well. You'll have an empty head, there'll be no polarity.

So, doubt is very normal, I warned you in the seminars. Then the doubt doesn't necessarily start immediately after the seminars, it can start six months later, a year later, but it comes; because it is part of the transmutation of your lower mental body. You can't get to the knowledge without going through the doubt, it's impossible!

As long as you spiritualize yourself, then you are supported spiritually by what is traditional, by what is accepted, by what is known, it works! But when you start to get out of shapes, to question shapes, to question everything, to see with a new eye, with a new mind, without attaching yourself to anything, it becomes more difficult. There is a price to individuality, to identity, to the total union between the soul, the ego and then the personality; there is a price: it is doubt; then the suffering of doubt is the monetary value of that price.

Doubt is very important in the transmutation of the mental body. Then it will remove the doubt, in its time. It is a new energy balance in your mind. There are forms in your mind, your mind is full of forms, full of ideas. It is normal that, when these forces penetrate, that your mind takes a shock in return, it is very normal.

It's not about panicking, it's not pleasant, but it's normal, then it's very good, because eventually it cleanses your mind. The inner struggle, the struggle between what is, then what you would like to be, you must live it. Then the further you go, the more you will live it, until the moment when, understanding the laws of form, realizing that everything that happens in your head is a game, at that moment, you will learn not to deal with duality in your mind. You're going to take it easy, you're going to stop getting attached to what's going on in your mind.

They don't want you to get attached to what's going on in your mind. They want you to let them pass freely. In time, when you get used to it, you will let the energy flow freely. And then you will no longer suffer from the doubt. If you suffer from doubt, it is because you become mentally and emotionally attached to the platform thoughts that pass through your mind. So it's normal for you to suffer, it's normal.

Do you think that the forces that seek to penetrate your mind will penetrate your mind easily? No! If it were like that, humanity would have been different from what it is today. These forces are forced to do a job when they enter your mind. And this work is laborious for you people, because you people are the ones who live it.

Everyone complains lately about the doubt, they find that tough, it's a good sign. As long as the forces penetrate your mind, there will be an adjustment in your mental body. It's like putting an iron bar in frozen cement. The cement has to make way for the iron bar.

Don't worry about whether your thoughts are positive or negative, don't worry about that, worry about being neutral; don't worry about attaching yourself to your thoughts. Those who have really negative thoughts, because these thoughts come from negative entities, we will deal with that. But those who have negative thoughts simply because these form thoughts come from the astral; because these form thoughts are carried in their minds by forces that deal with entering that body, there is no problem.

First the spiritual forces will use all the material in your memory that they need to create mental tensions for you. Mental tensions are part of this work. It's normal for you to have these mental tensions. Then the doubt comes from that. They know you, they know what can cause you tension, it is up to you people to learn once and for all not to take what is going on in your head seriously.

As long as you take yourself seriously, they will continue until, having learned the lesson, you stop; then they will stop. All the work they do and will do on your mental body is to empty it of your subjective thoughts. Then there's a purpose to it...Once your mental body is emptied of your subjective and personal thoughts, at that time these thoughts will be replaced by objective and pre-personal thoughts. In other words, you will be able to communicate with them.

Once you communicate with them other people, then your mental body will be adjusted to communication as a good radio, at that time things are very easy. They enlighten you, they give you information, they tell you what to do. They tell you why you should do this thing instead of that. They explain your life plan to you.

In other words, there develops between you and them an extremely close, extremely personal relationship, so that life from that moment on becomes very easy. But they can't do that until your mental body has been given the necessary vibration for that communication.

That's why, in the meantime, I'm always telling you not to take what they're telling you seriously, because right now they're at a time when they're preparing you. When you are prepared, then you can take what they tell you seriously, because it will be time, it will be normal, you will know it. Your level of intelligence will be different.

I have a short text here that I will read to you, a text that they sent me. He says: "The Man of the new race will no longer live by the personal and subjective thought he has known during his evolution. This thought will be replaced by a thought of higher vibration so that, Man will be unable to identify this new and powerful thought with his personal self. He will undoubtedly know that this thought comes to him from another plane and that it has its origin in the universal planes of consciousness. From that moment on, Man will no longer be able to make mistakes and submit to the law of return because everything he does must be done.

He said: "This new Man will no longer have any problems because the problems result from the fact that Man does not know how to act within the framework of the thought created for him on the planes of the soul. He will have at his disposal all possible and imaginable forms of human thought to elevate himself in the perfection of action at all levels of his social action. Man will then create a perfect society to the extent of his creative power.

That is why some of you will be living for some time, a relatively difficult time when our work will be increasingly felt. "He continues: "The penetration of our energies into your mind will create in it a kind of suffering, because your subjective thoughts will be more and more eliminated, until the day when it will be impossible for you to live in subjectivity. The thought adjuster alone can do this work. That is why you are told that there is no effort to be made.

It is about understanding what is happening to you so that you know that your conditions are natural and normal. Man is not accustomed to living this new life and this permanent state of consciousness. As the work progresses, the Spirit of the Adjuster penetrates yours and penetration is not always easy.

It is a matter of recognizing that it is the thought adjuster who acts in you, this point is essential. Once you are sure, everything will be easier and simpler. Just because you are in contact with us does not mean that your life will be easy at first, although it can be, depending on your personalities.

We must change the vibrations of your mental body before you can use your new intelligence. Gradually you will understand and everything will be easy for you. Don't expect a miracle, don't rely on your little personal desires. We will only make you feel the power of universal consciousness in you when you have reached a certain level of vibrational development. For us, the human ego must be united with the forces of the soul and as long as this work is not accomplished you must not expect anything, because this is a desire of the ego. That's the end of the text.

The more proud you are, the more intelligent you are, the more conditioned you have been, the more advanced you are in esotericism, the more you think you are right, the more you think you are on the right track, the more you will suffer from the doubt. Doubt is directly related to the destruction of forms. Then it goes far beyond the destruction of forms. It goes much further than you can imagine. If you realize that, the ego being safe with its thoughts, being safe with what it conceives of the universe, it is very simple to understand that once all this has turned upside down, that the ego feels underpants down.

When they tell us that we should eventually only have universal thoughts in our heads that come from communication between them and us, it is obvious that everything else is no longer useful. It is precisely here that for the rest of us, the situation becomes difficult because, we do not want to let go, we do not want to let go of ideas that are dear to us, that secure us in many ways. Then there are many ways to do it. You're starting to understand it a little bit.

So we have to learn once and for all, that we shouldn't take ourselves seriously. Our biggest problem as men is to take ourselves seriously. This is our biggest problem, which is precisely why we suffer from doubt. When we begin to enter into vibratory contact with intelligences who are ready to put everything on the ground to open our eyes, to make us free, to make us autonomous, so that one day we can use the occult forces in us who are sleeping.

I've been talking about doubt for a while now. But there are some who do not suffer from the doubt. On the contrary, there are some, their business, you understand, it works, they are happy, are in seventh heaven. It is a joy ride for them. Be careful with the joy ride, because when your time comes to you too, to pass through the doubt, you will taste it. There you can do your little research, then try to understand, then get interested, then ask yourself questions. You will be able to read.... But at one time or another, all the material you absorb, all the material you absorb that makes your life pleasant, at some point that material, they will have to change the compartment and then put it in place.

I will give you an example: everyone knows that Christ represents Love, the Son, that the Spirit represents Intelligence, but what represents Will? We know that the Father represents Will, but what is the Father? Do you know that the Father is Lucifer? Are there any among you who are ready to realize that the Father is Lucifer? That Christ is Love? And that Intelligence is the Spirit?

Huh? All of a sudden, business is no longer the same! Now we're stuck with Lucifer who represents the principle Will in the cosmos, it's not funny. We were taught for a long time that Lucifer represented the negative forces; we don't understand what negative forces mean.

Because the rest of us when we talk about negative forces, we put a ton of emotions into it, we don't see it objectively; we don't see it with the eyes of the mind; we see it with our little human consciousness, our little human emotions, and then it stops there. It's little snags like that that create doubt when you hear that, that cause you problems. Then after that, you wonder why that knowledge is hidden. I understand it's hidden, people are not mature enough. People do not yet have the ability to verify reality for themselves.

Everything is based on tradition, the interpretation of tradition, not to mention the hiding places of tradition, and then what has not been said in tradition. So we don't have much left. Then as soon as we fall into something, we close the door very tightly, do you understand? Then we don't want to know anything. Because there we start to be fearful, we start to be afraid, it doesn't coincide with our ideas. We close our eyes and then we plug our ears, then we stand there, our feet well stuck in clay.

When the universe was created, someone had to take care of it. Then we know that it was the Father who created the universe, the principle of Will. But to create the universe, it was necessary for the Father, the principle of Will, the creative entity, to move away from the central universe to explore the absolute spaces in which the lower worlds were created. Well, it's obvious that that entity that left, that moved away from the central universe to create worlds, was Lucifer.

Lucifer was not a contemplative being. Lucifer moved away in absolute spaces and by his creative will, he conceived the lower worlds. You don't always have to see Lucifer the way you're used to seeing him, without that you won't see anything. That Lucifer represents the negative forces is normal, since he had stopped contemplating to launch himself into the absolute spaces. It was necessary, it was normal that what he created in the lower worlds should be opposed to the forces of Light that had remained in contemplation before the Force, what you call God.

If you want to understand something about the evolution of the worlds, you will at some point be forced to admit certain things, regardless of your little emotions, of what pleases you, that is like the concept of God. The concept of God must be situated in the reality of the higher mind, not in relation to what you would like to see. In the central universe there are seven Alephs. The term Aleph means absolute realities, totally independent of worlds outside the central universe. So, of these seven absolutes, there are four that I call primary Alephs, then there are three that I call secondary Alephs. Then it is the secondary Alephs who represent in their manifestation the principle of Intelligence, Love and Will and who are part of a tri-unity, because they function in total harmony. And it is these three secondary Alephs that are what you call yourselves: God.

The four primary Alephs are still unmanifested. So, God as we know him, as we understand him, this tri-unitary God who is part of the three secondary Alephs, is not an absolute God, since the other four are not yet manifest.

That tri-unitary God, what I call the Force, will be absolutely absolute, when the four primary Alephs have manifested themselves. So when we say that God is absolute, what we mean is that the Force is perfect in its tri-unity; it is totally indivisible in its tri-unity. But it is not absolute. The proof is that there are still errors in evolution in the universe created in the lower worlds. Then, for errors in evolution to be no longer possible, all evolving entities in the universe must be returned to the Light.

Then, when all the evolving entities in the universe have returned to the Light, at that time the probabilities will no longer exist, the errors will no longer exist and automatically the seven Alephs will have been manifested and then we can say, that the Alephs acting as a whole, represent an absolutely absolute God or divinity.

It is important to understand that, it is not important psychologically but it is important philosophically. Because psychologically for the rest of us, in our system, in our little distant land, which has almost no recourse to the dimensions that all this implies, the psychological value of this reality is far too great for our minds. But philosophically it matters, because our philosophy must be scientific rather than purely speculative.

When you have experienced the doubt in these great depths, your mind will be empty. Then from that moment on, it will become easy for you people to receive information about the evolution of the universe, about its status, without panicking every time you are told something that goes beyond or against certain limited interpretations.

There, at that moment, you will begin to understand something related to the vast magnitude of the universe and the principles that animate it. It will be interesting from that moment on for you people to go in depth in understanding the structures of reality, but on the other hand you will no longer be attached to the form and automatically you will no longer suffer from the doubt, from that famous doubt that is linked to the different conflicts created by the form in your mind. It is only in conditions of total absence of doubt that one can live, participate, have pleasure in understanding reality.

But if every time we are told something we leave in fear, then we break down, because it doesn't suit us or because we think we are being misled or because we think we are affected by negative forces, but at that moment, there is no pleasure in the experience, then where there is no pleasure, there is no continuity. Because knowledge is infinite, we scratch its surface, but knowledge is infinite.

For at some point, if you are to live side by side with knowledge, if knowledge must pass through your mind to nourish your brain, to allow you to do this or that, to engage in this or that discourse, to communicate that or that idea, you will absolutely have to draw your conclusions and overcome the personal doubt associated with your attachment to form.

So this little conversation serves to show you that doubt is necessary, it is fundamental, it is natural, because your mind is filled with all kinds of knowledge. When we say in popular language that if man saw God, he would die of fear. The language is very simple, it means that if man was confronted with reality without preparation, without his bodies being adjusted, it would be absolutely impossible for him to undergo the shock without dying, without his bodies withdrawing completely from his material body. That's normal.

So, if you take this in a personal context at the height of your thoughts, then your personal doubt, it will make your task easier, then it will make you understand why you must live the doubt until the day when you will be totally free of it.